

CORE1

Taking athletes to the next level

Athlete Expectation / CORE1 Promise Agreement

We would like to thank you for choosing CORE1Training for your sports enhancement training needs. Core1 strives to be the best and will continue to work to improve our programs to give all athletes the best possible training.

Athletes will agree to the following:

- 1. Promise to listen and work hard.**
- 2. Treat Core1 staff and other athletes with respect**
- 3. Schedule their appointments, be on time and will contact if not able to attend**

Core1Training will promise the following:

- 1. Athlete(s) will be challenged but will have fun**
- 2. Core1 trainers will treat all athletes with respect and professionalism**
- 3. Core1 will work to improve and /or enhance the complete athlete leaving no athletic aspect overlooked**

This agreement has been read and understood.

Athlete name	_____	_____
	(please print)	(please sign)
Parent(s) of athlete	_____	_____
	(please print)	(please sign)
	_____	_____
	(please print)	(please sign)